Childlessness, Social Network Profiles in Midlife and Late Adulthood, and Their Implications for Subjective Well-Being

About the Webinar

Despite the rising prevalence of individuals reaching an advanced age without children, little is known about the diversity in support networks within the childless populations. We examine social network profiles of childless adults aged 50+ in Singapore, which observes high childlessness rates despite cultural and institutional emphasis on familism. We utilize a latent class analysis to derive network typology based on a 2022 nationwide survey in Singapore. We use logistic regression analyses to investigate the sociodemographic correlates of the childless’ network types and the associations between network types and subjective well-being. Childless middle-aged and older Singaporeans are characterized by different network constellations. Expanding the convoy theory, results reveal the centrality of parents in the childless’ social networks and the continuity of parent-child support exchanges that extend into the child’s later life. When parents are absent, siblings/extended kin serve as the childless’ support sources. One-third of the childless are embedded in networks endowed with kin, non-kin, and active social participation, while one-fifth have restricted networks. Age, sibship size, and SES are key correlates of network types. While childless respondents are generally comparable to the non-childless regarding subjective well-being, those in restricted networks demonstrate worse well-being than other childless and non-childless individuals. We demonstrate heterogeneity in the childless’ network profiles. Contrary to the stereotype associating late-life childlessness and social isolation, many childless individuals manage to construct non-child-based networks equipped with various supportive relations in midlife and late adulthood. Nevertheless, persistent vulnerabilities among restricted network members deserve policymakers’ attention.

About the Speaker

Bussarawan (Puk) Teerawichitchainan holds joint appointments as Associate Professor in the Department of Sociology and Anthropology and Co-Director of the Centre for Family and Population Research at National University of Singapore. She received a Ph.D. in Sociology from the University of Washington. Her research interests lie at the intersection of family demography, social gerontology, population health, and social stratification. Her current research examines the roles of family, policy, and social structure in explaining the life course and well-being of older adults in the Asia Pacific region, particularly Southeast Asia. She is Deputy Editor of Demography and serves on the editorial boards of Journal of Gerontology: Social Sciences, Asian Population Studies and BMC Geriatrics.

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